<u>4.2.21</u> <u>T: Can I understand more about the</u> <u>Sacrament of Reconciliation?</u>

I think that the Sacrament of Reconciliation means...



So, what does the Sacrament of 'Reconciliation' mean?

For Catholics, the Sacrament of Reconciliation is one of the Seven Sacraments and is a celebration of God's forgiveness of sins. The priest celebrates this sacrament in place of Jesus. Due to Covid-19 and the current restrictions, it is not possible for us to gather together in church and celebrate this Sacrament as we would usually. So, we are going to continue learning about it and hopefully you will take part in the Sacrament (if you are Catholic) when the restrictions are eased. ©

Say the Act of Contrition (Can you say it by heart yet?) O my God, I thank you for loving me. I am sorry for all my sins, for not loving others and not loving you. Help me to live like Jesus and not sin again. Amen

Read the next slide, which shows the order of Reconciliation. Next week, we will look at this in more detail.

The structure of the Sacrament reconciliation (What happens and in what order)

- 1) Welcome and introduction by the priest (Father Joseph).
- 2) A Scripture reading from the Gospel (sometimes, not always).
- 3) Confession of sins.
- 4) The priest talks to us and tries to help us so that we can follow Jesus.
- 5) We receive a penance a prayer and maybe some other actions as an act of thanksgiving for God's forgiveness.
- 6) We pray the Act of Contrition (the 'Sorry' prayer).
- 7) We receive absolute forgiveness from God.
- 8) We go in peace to try and live as better followers as Jesus.

When have we made choices that have made us sin?

TASK: Create a 'sorry prayer' for your sins – this is just between you and God. Once you have written it, you can decorate it. Here is an example:

Dear God,

I am sorry for when I argued with my little brother and I hit him.

I should have been more patient and kinder.

Please forgive me for my sins.

Amen.